



# ARE YOU A PARENT OF AN ACTIVE CHILD?

**Students from Curtin University need your help!**

**We are interested in the thoughts and influences behind physical activity and why parents are or aren't active.**

**This study is conducted under the supervision of Eleanor Quested ([eleanor.quested@curtin.edu.au](mailto:eleanor.quested@curtin.edu.au)).**

**What do you have to do?**

- **Complete a short questionnaire.**
- **Wear an activity monitor for one week.**

**See you soon!**

*Curtin University Human Research Ethics Committee (HREC) has approved this study (HREC number RDHS-133-16)*

**Contact for more information:**

**Khaliesah Hamid**

**[khaliesah.hamid@student.curtin.edu.au](mailto:khaliesah.hamid@student.curtin.edu.au)**

**Megan Porzio**

**[megan.porzio@student.curtin.edu.au](mailto:megan.porzio@student.curtin.edu.au)**

**Jade Steenkamer**

**[jade.steenkamer@student.curtin.edu.au](mailto:jade.steenkamer@student.curtin.edu.au)**

**Kayla Smerilli**

**[kayla.smerilli@student.curtin.edu.au](mailto:kayla.smerilli@student.curtin.edu.au)**

